

STEVE EATON

RESILIENCE & LEADERSHIP CONSULTANT

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He has an Advanced Diploma in Management and has many years of practical management and leadership experience.

BIOG



Steve is a Performance Development Consultant, who works with individuals, teams and organisations to maximise potential, improve performance and achieve goals.

A former Officer in the UK Special Forces, Steve has many years of experience in operating under pressure in challenging situations and in some of the world's most inhospitable environments. As a result of this first hand experience, Steve has a deep understanding of the need for mental aptitude as well as for physical strength and skill.

Steve also recognises the significance of 'softer' skills, such as effective communication, in personal and leadership development, and the need for shared values, goals and beliefs in building motivated and cohesive teams. Over two decades he has coached and mentored people of different backgrounds and capabilities, providing salient personal, tactical, operational and strategic guidance.

In 2009, Steve was awarded an MBE for 'compassionate and inspirational' leadership demonstrated on global operations. He has an Advanced Diploma in Management and has many years of practical management and leadership experience. Steve attained invaluable knowledge, whilst studying for a Master's Degree, in Risk, Crisis and Disaster Management, which has further increased his understanding of how people and organisations operate and react when faced with stressful situations.

Steve has a particular interest in PTSD prevention and he has trained and practised as a Trauma Risk Management (TRiM) practitioner. He is also a nationally trained Hostage and Crisis Negotiator and has been involved in the management of several high profile kidnapping situations.

