

MILES HALL

TRAUMA
RESILIENCE
CONSULTANT



In 2014, Miles was awarded the Meritorious Service Medal in the New Year's Honours list for "his exceptional support to the servicemen and women of the Royal Marines and their families."



INSIGNIA CREW

BIOG



Miles is a Trauma Resilience Consultant, working with individuals, teams and organisations to enhance resilience and protect from potential short/long term physiological and performance impact.

A serving Royal Marines Warrant Officer with 35 years' service, now in his final year, he is employed as the Recovery Officer within the Naval Recovery Pathway. As he proceeds through his career transition, Insignia Crew are proud to have association with what can only be described as a true master of his art.

Miles has had a varied military career specialising in Communications and Information Management and the more extensive Naval Amphibious Fleet. Miles has worked in support of many high-pressured deployments delivering strategic level communications and capability briefs to senior command. Miles was employed as a Training Officer and subsequently appointed as the Signals Specialisation Career Advisor in 2008, which saw him responsible for the management of 600+ personnel, their training, development, and appointment globally.

Miles has gained unique experience and background in resilience centred disciplines focused on the early detection and signposting of acute stress and PTSD prevention. Miles is very conscious of the responsibility for the emotional and physiological support of high-performance teams within hierarchical organisations. Miles held the position of the Senior TRiM Instructor for the Naval Service and Royal Marine Corps between 2010-2016, responsible for the delivery of Operational Stress Management during a recognised period of peak UK military operational commitment and within the fleet for many scenarios from murder (HMS Astute), to industrial accident fatality and sudden deaths/suicides.

As the Senior Instructor during 2013, Miles delivered briefings at UK ministerial level and presentations within the Pentagon. To date, Miles has almost 20 years of TRiM experience and continues to remain at the forefront of the development and delivery of bespoke training.