

# ANDY MCCANN

RESILIENCE &  
LEADERSHIP  
CONSULTANT

"Andy has extraordinary motivational gifts and insight into the minds of people in competitive situations or under stress where successful performance is essential. He knows how to develop confidence in high performers and others and to help them retain the knowledge he imparts. He is one of the most gifted people in his profession of anyone I have met."

Baroness Tessa Jowell,  
Minister for the London  
2012 Olympics



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## BIOG



**Andy is a human performance specialist. His skills are sort to help develop high performance environments and to support elite teams, which he does through applied performance psychology and the development of evidence based resilience focused strategies. His work has afforded him access to many different industries and countries around the world. He works with political leaders, high net worth individuals, corporate business leaders; with world leading athletes and coaches (Olympic, Commonwealth and World Championship Level), emergency services, the British armed forces and with not for profit and third sector organisations.**

Andy has developed several human performance programmes and has co-written a series of acclaimed resilience programmes that have been adopted by, among others, critical care practitioners, the police, the fire and rescue service, ambulance services, social services, headteachers and the corporate sector. When required, these have gained CPD accreditation from organisations such as the Royal Colleges of Physicians and the Royal college of Nursing. In addition, Andy has developed a professional standards course to address undermining and bullying behaviour on commission from the Royal College of Surgeons (Edinburgh).

Andy is involved in a range of research projects with colleagues from several universities. He is a Visiting Fellow at Staffordshire University Faculty of Health Sciences, School of Psychology Sport & Exercise; an elected Fellow of the Royal Society of Medicine; and, an Academic Associate at Cardiff Metropolitan University School of Sport. He is an Associate Lecturer in Leadership, Business and Work Based Learning on International Executive MBA programmes at a number of universities in England, Wales and France. Andy has sat on the Sport Wales Advisory Group (for 4 years) and on the Welsh Advisory Committee for the Stroke Association (for 6 years).